



NATIONAL PUBLIC SCHOOL UTTARAHALLI

C.A. Site No.1, Happy Valley Layout, Banashankari 5th Stage-Uttarahalli, Bengaluru-560061

NEWSLETTER 2023-24

From the desk of the Principal

Dear Parents,

For NPSU, the academic year 2023-24 flew by, soaring with the steady wings of enthusiasm, ever evolving in its upward path. The tapestry of this year was woven with landmarks as our students went on to make a mark in varied fields, both scholastic and co-scholastic. Our theme was 'Building Resilience', as no matter which journey our students choose to take in the future, it is the unwavering belief in oneself and resilience which will anchor them. Our endeavour is to provide an environment where their mindset is to take up challenges and face setbacks as catalysts for progress. We create a nurturing landscape where adaptability overcomes trials, and our children emerge with the ability to learn from experience. With newfound knowledge, they create their own stepping stones to success.

With the typical determination of the NPSite, each child participated with the true spirit of sportsmanship throughout the session. With this newsletter, we take you across myriad milestones achieved by our students. We appreciate our committed facilitators who hand-held and ignited young minds. Thank you parents, for your continued faith in us to partner firmly, in order to nurture our students and propel them from strength to strength.

Dr. Reetu Thapa
PRINCIPAL, NPSU



Felicitations to our esteemed Chairman Sir-Sri.Puttanna



Headlines

Grand Debut: NPSU's 'Synergy: Let's Rise and Shine' Sports Day Spectacular Hits Campus with Enthusiasm on February 3,2024!

First-ever at NPSU: NPSU Introduces Its First Literary Club, Inspiring Creative Expression and Cultural Awareness Among Students.

NPSU Unveils Dynamic Educational Offerings: Introducing Coding, Robotics and Life skills Programs to Empower Students for Success in the Modern World!

NPSU Celebrates Success: Honouring Over 750+ Students with Prizes Across Various Disciplines!

NPSU's Vibrant Year: A Rich Tapestry of Events Including Field Trips, Special Assemblies, Scholastic Book Fair, Robotics Exhibition and Community Service Programs!

NPSU Celebrates Brilliance: 140+Students Shine with Gold Medals of Excellence in Various SOF Olympiads!



NPSU crowned Rank #1 Emerging School in the 2023-24 Times Education Survey!



Dr. Reetu Thapa, Principal NPSU, honoured with Prestigious Exemplary Leadership Award by VDM India!



NPSU's versatile leaders: mastering every aspect of campus life!

LOGIQIDS EXTERNAL EXAM

LogIQids exam enhances students' mental aptitude and acquaint them with competitive exam patterns. The two stages of this exam inspire 21st-century skill development, boost self-confidence and provide valuable feedback for improvement. Achieving positive results serves as a morale booster, fostering a sense of pride and laying the groundwork for future academic success.

We congratulate all the 655 students who put in the effort to successfully clear the 1st stage of LogIQids exam.

SOF OLYMPIADS

NPSU fosters student empowerment through Science, Math, English, Computer Science, Social Science and General Knowledge Olympiad Exams, nurturing problem-solving skills and readiness for the future. Participation is open to all, with students finding it rewarding and enlightening. Recognizing the Gold medalists below, NPSU aims to cultivate today's children into tomorrow's leaders.

CHAMPIONS CROWNED IN THE OLYMPIAD QUEST!

IMO RESULT SUMMARY

Student Name	Grade	Result
Tashya	1	Gold Medal of Excellence
Pracheth	1	Gold Medal of Excellence
Hanvika Pasuuleti	1	Gold Medal of Excellence
Nirbhay Sheshagiri	1	Gold Medal of Excellence
Hemanika S	1	Gold Medal of Excellence
Daksha Manoj Naik	1	Gold Medal of Excellence
Shreesha	1	Gold Medal of Excellence
Snigdha Shetty	1	Gold Medal of Excellence
Paritosh B G	1	Gold Medal of Excellence
Hansika	1	Gold Medal of Excellence
Manasvi B H	1	Gold Medal of Excellence
Siddharth V	1	Gold Medal of Excellence
Anvitha Halgeri	1	Gold Medal of Excellence
Ruvika Bharath	1	Gold Medal of Excellence
Samantha R	1	Gold Medal of Excellence
Swojas	1	Gold Medal of Excellence
Akanksha C	2	Gold Medal of Excellence
Shlok J Patil	2	Gold Medal of Excellence
Aditi M Prasad	2	Gold Medal of Excellence
Kandukuru Venkata Sri Keerthika	2	Gold Medal of Excellence
M Jagath Vikhyath	2	Gold Medal of Excellence
Chandrakantham Vaishnavi	2	Gold Medal of Excellence
Sanvee Das	2	Gold Medal of Excellence
Anish Anant Kalamdani	3	Gold Medal of Excellence
Samarth Raghunandan	3	Gold Medal of Excellence
Prashvitha G	3	Gold Medal of Excellence
Reyan Patro	3	Gold Medal of Excellence
Shaunak Kashyap	4	Gold Medal of Excellence
Mithun Sajja	4	Gold Medal of Excellence
Rohan Singh	4	Gold Medal of Excellence
Surya S	5	Gold Medal of Excellence
M Skanda Prakash	5	Gold Medal of Excellence
Pallerla Samridh Sai	5	Gold Medal of Excellence
Devanshi Garg	6	Gold Medal of Excellence
Achintya Ajay	6	Gold Medal of Excellence
Chirantan P Hegde	6	Gold Medal of Excellence
S Shrivasa	7	Gold Medal of Excellence
Arnav Gautam	7	Gold Medal of Excellence
Ananth Rai	7	Gold Medal of Excellence
Rohan Dutta	8	Gold Medal of Excellence
Luvya Gupta	8	Gold Medal of Excellence
Harshith A	8	Gold Medal of Excellence
Devika Abhilash	9	Gold Medal of Excellence



NSO RESULT SUMMARY

Student Name	Grade	Result
Pracheth	1	Gold Medal of Excellence
Samantha R	1	Gold Medal of Excellence
Hemanika S	1	Gold Medal of Excellence
Shaanvitha	1	Gold Medal of Excellence
Vihaan R	1	Gold Medal of Excellence
Kandukuru Venkata Sri Keerthika	2	Gold Medal of Excellence
Sanvee Das	2	Gold Medal of Excellence
Akanksha C	2	Gold Medal of Excellence
Samarth Raghunandan	3	Gold Medal of Excellence
Manya	3	Gold Medal of Excellence
Reyan Patro	3	Gold Medal of Excellence
Shaunak Kashyap	4	Gold Medal of Excellence
Shrushti P Kulkarni	4	Gold Medal of Excellence
Rohan	4	Gold Medal of Excellence
Siri Murthy	5	Gold Medal of Excellence
M Skanda Prakash	5	Gold Medal of Excellence
Vageesh Kulkarni	5	Gold Medal of Excellence
Devanshi Garg	6	Gold Medal of Excellence
Ayush Anil Desai	6	Gold Medal of Excellence
Chiranth P Hegde	6	Gold Medal of Excellence
Dhrithi Shrikanth	7	Gold Medal of Excellence
Saanvi P Mugali	7	Gold Medal of Excellence
Masassvini K	7	Gold Medal of Excellence
Rohan Dutta	8	Gold Medal of Excellence
Abhay Surya K P	8	Gold Medal of Excellence
Sreenidhi Simha K	8	Gold Medal of Excellence
Omkar Rai	8	Gold Medal of Excellence
Devika Abhilash	9	Gold Medal of Excellence



IEO RESULT SUMMARY

Student Name	Grade	Result
Pracheth	1	Gold Medal of Excellence
Pranshu Bhat B	1	Gold Medal of Excellence
Prajwat	1	Gold Medal of Excellence
Tashya	1	Gold Medal of Excellence
Shaanvitha	1	Gold Medal of Excellence
Vaishnavi	1	Gold Medal of Excellence
Parinita Hegde	1	Gold Medal of Excellence
Abhista	2	Medal of Distinction
Shlok J Patel	2	Gold Medal of Excellence
Akanksha C	2	Gold Medal of Excellence
Anvi Bhat	2	Gold Medal of Excellence
Sanvee Das	2	Gold Medal of Excellence
Tanish Bhagav	3	Gold Medal of Excellence
Avni Kolar	3	Gold Medal of Excellence
Aarnav	3	Gold Medal of Excellence
Srushti P Kulkarni	4	Gold Medal of Excellence
Shaunak Kashyap	4	Gold Medal of Excellence
Hrishikesh D G	4	Gold Medal of Excellence
Abhigna K Rao	5	Gold Medal of Excellence
Akanksha K	5	Gold Medal of Excellence
Siri Murthy	5	Gold Medal of Excellence
Ayush Anil Desai	6	Gold Medal of Excellence
Devanshi Garg	6	Gold Medal of Excellence
Aanya Suraj	6	Gold Medal of Excellence
Gitanjali M Prasad	7	Gold Medal of Excellence
Sanjit Shandilya	8	Gold Medal of Excellence
Roli Gaur	8	Gold Medal of Excellence
Deeksha D	8	Gold Medal of Excellence
Samaira Rozario	9	Gold Medal of Excellence
Idha Bharadwaj	9	Gold Medal of Excellence
Devika Abhilash	9	Gold Medal of Excellence



NCO RESULT SUMMARY

Student Name	Grade	Result
Vaishvi P	1	Medal of Distinction
Swojas	1	Medal of Distinction
Rachit	1	Gold Medal of Excellence
Riyansh M	1	Medal of Distinction
Yathin S	1	Gold Medal of Excellence
Samantha R	1	Medal of Distinction
Hemanika S	1	Medal of Distinction
Hanvika Pasupuleti	1	Gold Medal of Excellence
Shlok J Patil	2	Gold Medal of Excellence
Reyan Patro	3	Gold Medal of Excellence
Devanshi Garg	6	Gold Medal of Excellence



IGKO RESULT SUMMARY

Student Name	Grade	Result
Samantha R	1	Gold Medal of Excellence
Ritwik	1	Gold Medal of Excellence
Swojas	1	Gold Medal of Excellence
Aanvi Peshkar	1	Gold Medal of Excellence
Vasishtha P	1	Gold Medal of Excellence
Riyansh M	1	Gold Medal of Excellence
Pradyun Srikanth	2	Gold Medal of Excellence
Praagna Karnam	2	Gold Medal of Excellence
M Rishi Vardhan Chowdhary	2	Gold Medal of Excellence
Sanvee Das	2	Gold Medal of Excellence
Fathima Elaf	2	Gold Medal of Excellence
Reyan Patro	3	Gold Medal of Excellence
Samarth Raghunandan	3	Gold Medal of Excellence
Adyantha Krishna	3	Gold Medal of Excellence
Shrusti	4	Gold Medal of Excellence
Siri Murthy	5	Gold Medal of Excellence
Akanksha K	5	Gold Medal of Excellence
Skandha B Athreya	5	Gold Medal of Excellence
Atharv P Deshpande	6	Gold Medal of Excellence
Ayush Anil Desai	6	Gold Medal of Excellence
Advika Teja Renuk	6	Gold Medal of Excellence
Lekha P R	7	Gold Medal of Excellence
Dhriti Shrikant	7	Gold Medal of Excellence
Laasya P R	7	Gold Medal of Excellence
Sai Kumar Darsh Ganapa	7	Gold Medal of Excellence
Rohan Dutta	8	Gold Medal of Excellence
Harshith A	8	Gold Medal of Excellence
Sanjit Shandilya	8	Gold Medal of Excellence



ISSO RESULT SUMMARY

Student Name	Grade	Result
Tanish Bhagav	3	Gold Medal of Excellence
Reyan Patro	3	Medal of Distinction
Anish Anant Kalamdani	3	Medal of Distinction
Siddhant Sowdi	4	Medal of Distinction
Srushti P Kulkarni	4	Gold Medal of Excellence
M Skandha Prakash	5	Gold Medal of Excellence
Ayush Anil Desai	6	Gold Medal of Excellence
Rohan Dutta	8	Gold Medal of Excellence



EVENTS at a GLANCE

At NPSU, we prioritize holistic development through tailored platforms for each student. Through events, we foster regular opportunities for growth. Grades I through IX enthusiastically participated in numerous events, elevating occasions like Independence Day, Kannada Rajyotsava, Republic Day, International Yoga Day, Ganesha Model Making, Star Voice Hunt, Folk Dance performances, Diya Decoration etc. These events embody our commitment to nurturing individual potential. By infusing creativity and significance into every gathering, we cultivate a culture of celebration and learning, ensuring each student thrives in a vibrant and enriching environment.



SPECIAL ASSEMBLIES

Special assemblies at NPSU are organised to bring awareness about celebrations of achievements and recognition of students. These assemblies include presentations, performances such as music, dance or drama and sometimes interactive activities using various props. These assemblies promote school spirit, unity and positive behaviour amongst students.



LIFE SKILLS

Life skills are integral for personal growth, academic success and emotional resilience. At NPSU, we prioritize student well-being through workshops tailored to different grade levels. Dr. Sudha Shankar and Ms. Vibha Gururaj led Grades I-IV in understanding good touch and bad touch, fostering a safe environment. For Grades V-IX, Dr. Padmakshi Lokesh conducted sessions on puberty, emotional management, effective communication and addressing bullying, empowering students to navigate life's complexities confidently.



ORAL HEALTH & HYGIENE



On December 11, 2023, Dr. Nethra organized a dental workshop for the first-grade students. During the workshop, the importance of oral hygiene was emphasized, along with discussions on topics like the 'fairy tooth tradition' and 'proper brushing techniques'. Dr. Nethra engaged the young students by explaining the significance of maintaining good dental health from an early age. The students learned practical tips for taking care of their teeth, ensuring a foundation for lifelong dental wellness.



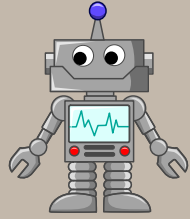
Community Service



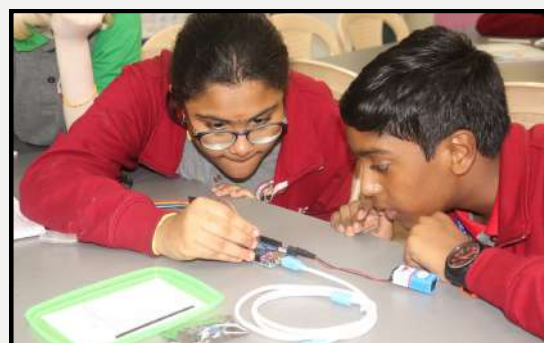
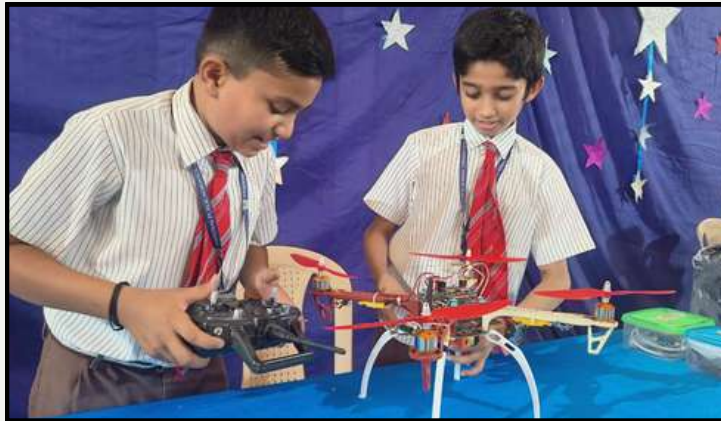
We are thrilled to share a heartwarming glimpse of the recent Community Service initiative organized by NPSU! Grade VIII and IX students embarked on a meaningful visit to Sudhama Old Age Home on November 9, 2023 and Netaji Subhash Chandra Bose Vidyalaya on December 6, 2023 respectively. Our students embraced generosity by collecting donations for those in need. They brought joy to the elderly at Sudhama Old Age Home and shared unforgettable moments with children at Netaji Subhash Chandra Bose Vidyalaya orphanage. Witnessing talents from both groups, they were deeply moved. Their compassionate actions are bound to shape a brighter, inclusive society. #CommunityService #NPSU #MakingADifference 🌟



ROBO SPARKS



The school hosted a captivating Robotics Exhibition on March 27, 2024, showcasing over 50 projects by students from Grades I-VIII. Reflecting knowledge from STEM, coding and robotics classes. The exhibition featured diverse models like lavatory automation, vending machines, E-house systems, pet feeders and hand sanitizers. The innovative designs received admiration from the management and spectators, nurturing scientific curiosity and proficiency in STEM disciplines among learners.



SCHOLASTIC BOOK FAIR

From November 16, 2023 to November 20, 2023, our school hosted The Scholastic Book Fair, inaugurated by the Chairman Sri. Puttanna. The fair showcased a diverse range of books for all ages and interests, from captivating stories to informative non-fiction. It aimed to promote literacy and support educational initiatives while encouraging students to explore the joy of reading. This event reinforced our commitment to nurturing a lifelong love for learning among our students.



Today a reader, tomorrow a leader

SPORTS

At our school, sports are more than just games; they're vital for students' overall growth. From grades I to IX, we offer various sports tailored to each age group. For our young learners in grades I and II, we focus on fundamental locomotor skills, laying a solid foundation for their athletic journey. From grade III onwards, outdoor sports like football, basketball, volleyball, cricket etc. are introduced alongside indoor games like Badminton, Chess, Carrom etc. After-school coaching further enhances talents of our young learners. We also emphasise teamwork and discipline through activities like march-past.



Set your goals high, and don't stop till you get there.



PRIZE DISTRIBUTION CEREMONY



The Principal, Dr. Reetu Thapa and Prof. Siraj Ur Rehman, Principal of Sadhana College, honoured the achievers in Sports and Olympiads on March 7, 2024 for classes V-VIII and on March 22, 2024 for classes I-IV and IX. Applause filled the air as individual and team award winners received well-deserved recognition. The ceremony concluded with memorable group photographs, and the principal commended everyone for the event's remarkable success.



PRIZE DISTRIBUTION CEREMONY



INTER-SCHOOL SPORTS COMPETITIONS

The CBSE South Zone Badminton Tournament was held in October 2023, in Trivandrum, Kerala. Samarth Arun Kumar and Arnab Jain from Class IX represented NPSU, Uttarahalli, and competed in the Singles and Doubles categories.



Aviram Agarwal of Class IX participated in the CBSE South-Zone Skating Championship held in Kalaburgi, Karnataka, in October 2023.



Dhruva Aravind of Class II participated in the CBSE South-Zone Skating Championship held in Kalaburgi, Karnataka, in October 2023. He won the gold medal. He also participated in the All India CBSE Skating Competition, which was held in Gurugram in November 2023.



Samarth K Rao of Class IX won the bronze medal at the State Level Inter-school Swimming Competition in September 2023 held at Dayanand Sagar School, JP Nagar, Bengaluru.



Roli Gaur of class VIII won the National Level Karate Championship held at JP Nagar Bengaluru in December 2023.

ANNUAL SPORTS DAY

NPSU held its maiden Annual Sports Day, 'Synergy-Let's Rise and Shine,' on January 31, 2024 for classes I & II and on February 3, 2024 for class III onwards. The event featured a captivating march past, balloon release by the guests of honour followed by the Olympic Torch Lighting and the Oath taking Ceremony. An invocation dance and Symphony band performance heightened the atmosphere, while students demonstrated yoga, drills, fun games and competed in track and field events from grades III-IX. The students had secured various medals in the group games and inter-house matches like badminton, football, cricket, chess and carrom. Along with that, the individual champions in various sports and athlete of the year were also felicitated. The following victorious houses basked in the glory of their achievements:

★★★★★ HOUSE HONOURS ★★★★★



House- Voyagers

Setting Sail to Success: Voyagers House Clinches Prestigious Title of Overall Champions at NPSU Sports Day 2023-24



House- Pioneers

Blazing Trails: Pioneers House Secures Runner-Up Honours as Overall Champions at NPSU Sports Day 2023-24



House- Challengers

Stride with Pride: Challengers House Captures Best March Past Award, Showcasing Unity and Discipline at NPSU Sports Day 2023-24



House- Explorers

Explorers of Excellence: Upholding Honour and Discipline to Win the Most Disciplined House at NPSU Sports Day 2023-24



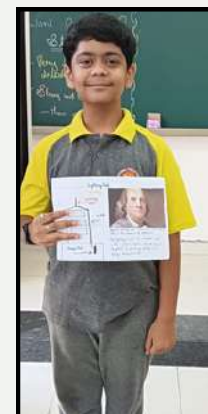
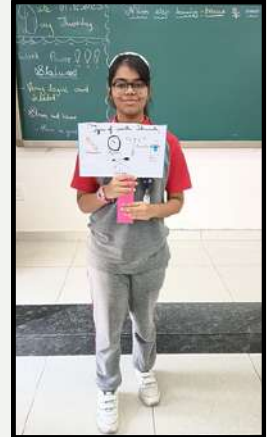
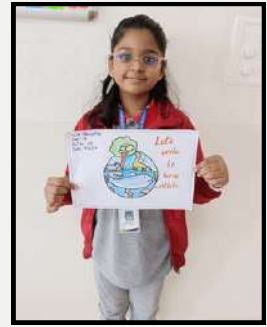
Champions in Action: A Sports Day Gallery





CLUBS & ACTIVITIES

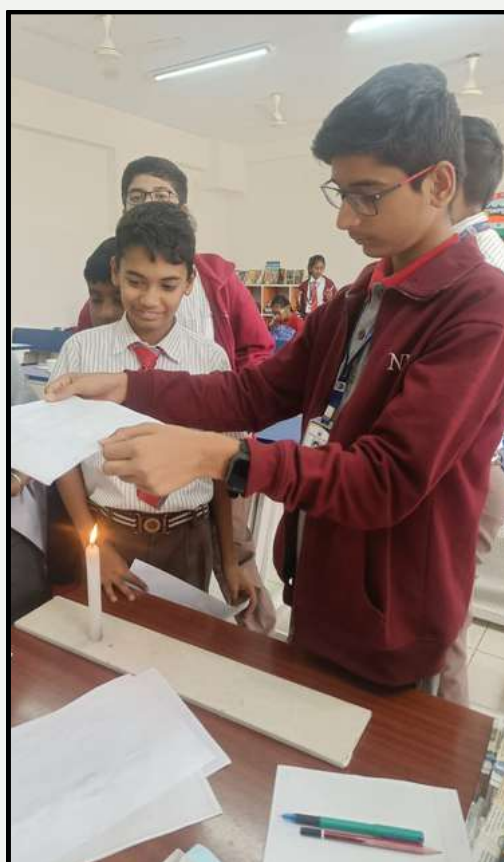
Clubs and activities at NPSU play a pivotal role in enriching students' educational experience by fostering holistic development beyond the classroom. These extracurricular pursuits nurture diverse interests, promote teamwork, leadership skills and provide avenues for personal growth.



EXPLORING THE WONDERS OF SCIENCE



Fuel your Imagination, Fuel your Future:
Welcome to the World of Science



MATH CLUB

The Math Club at NPSU, orchestrated an array of captivating activities and events, including enlightening seminars on 'Three-Dimensional Solids' and 'Three-Dimensional Figures.' Engaging pursuits such as Geo-board challenges and algebraic identity formations were organized to foster psycho-motor skills. In December, the centenary celebration of Sri Srinivasa Ramanujan inspired the vibrant 'Math Hub competitions', featuring exhilarating challenges like Mathlete, Rubik's Cube, Sudoku and quizzes spanning Grades I through IX. These endeavours aimed to ignite a fervent passion for Mathematics.



ECO CLUB

India's rich herbal heritage offers potent remedies that promote healing and positivity. The month of June was celebrated as the month of Environmental Awareness. NPSU's young eco-warriors planted diverse medicinal saplings, gaining insight into their therapeutic properties. Driven by a commitment to environmental stewardship, the Eco Club raises awareness about pressing environmental issues and harvest an eco-friendly campus. Its mission is to cultivate a cadre of students dedicated to environmental conservation and sustainable development.



It's neither yours nor mine; it's ours. Let's protect Mother Earth, who nourishes us.



CODING

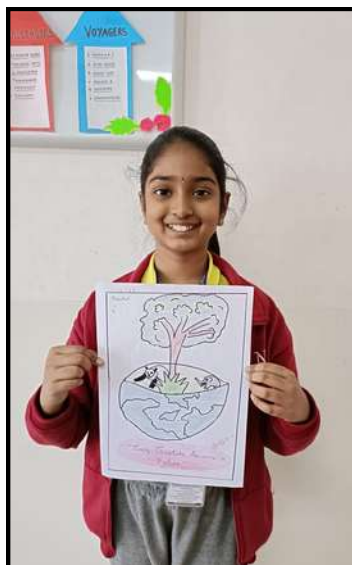
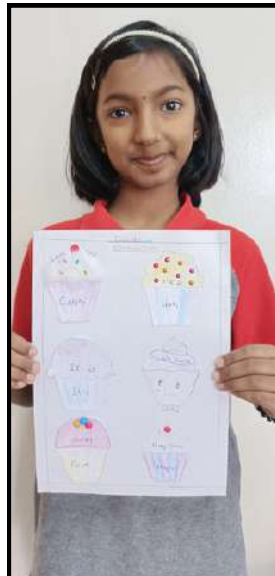
At NPSU, we offer coding classes from grade I-IX. Our curriculum is designed to progressively challenge and inspire students as they advance through the grades. From solving puzzles on the code.org platform in grades I & II, to creating sprites and animations in grades III& IV using Sprite Lab, the students were mastering game development with platforms like Game Lab, Scratch and Python in later grades. We guide students through app development using Code.org's App Lab in grades VII and VIII and introduce them to HTML, CSS and C++ using platforms like Replit and JDoodle. By grade IX, students are well-versed in game development using Scratch, app development with Thinkable and Python programming using Replit.



Coding and Programming

LITERARY CLUB

Literary Club is a vibrant community where students with a passion for literature, language and creative expression come together to explore, discuss and celebrate the world of words. Our club activities encompass a wide range of literary pursuits, including book discussions, JAM sessions, debate, spell-bee, poetry readings, storytelling sessions, hands-on-activities and literary quizzes. Through these activities, we aim to foster a love for literature, enhance language skills and encourage creative thinking among our students.



AUTHOR TALK

NPSU hosted a captivating storytelling session for Grade II students featuring author Ms. Vidya Varadarajan. With her rich literary background, Ms. Varadarajan mesmerized the young audience with tales like 'My Blue Elephant', exploring the theme of secrets from a child's viewpoint. The event provided an interactive platform for students to interact with the author and gain knowledgeable insights. This initiative celebrated literacy, showcasing the joy of learning and imaginative exploration, reflecting NPSU's commitment to holistic education and the significance of literature in shaping well-rounded individuals.



PRE-PRIMARY

NPSU Kindergarten fosters holistic development through play-based learning, nurturing essential skills in young learners. Our enriched curriculum emphasizes language, numeracy, creativity and physical development. Special programs like colour days and themed projects enhance engagement and tailor learning to students' interests. Field trips and assemblies provide real-world experiences, while sports activities promote physical growth. Safety protocols ensure a secure environment, supported by teachers trained in early childhood education. Together, we will continue to nurture young minds and lay the groundwork for a bright and promising future.

‘Reach out! Reach high! and Reach beyond!’



FIELD TRIP: A DAY OF DELIGHTFUL DISCOVERIES!

Grade I and II students visited Lalbagh Botanical Garden on October 13, 2023, exploring nature's wonders and enjoying leisure activities. This excursion strengthened their bond with the environment. Similarly, picnics on December 18, 2023 for Grades I-IV to the Model Village and Royal Orchid Resort and December 14, 2023 for Grades V-VIII to Wild Valley Mountain Bear Resort and Channapatna Toy Factory helped nurture team-spirit through team games and adventures. Grade IX students experienced Amegundi Resort on December 19, 2023, indulging in team-building and entertainment. These trips promoted social skills, teamwork and unforgettable memories.





Elevate Your Summer by nourishing your Mind, Body and Soul!

Let's dive into a **Transformational Journey!**

Direct your attention to your **PHYSICAL SELF- Your Body!**



(a) Eat a Balanced Diet: For growth and maintenance of good health, our diet should have all the nutrients that our body needs, in right quantities. It should also contain a good amount of roughage and water.

(b) Indulge in Outdoor sports: Engaging in outdoor sports like football, cricket, basketball etc. not only keeps you active and healthy but also builds teamwork. It stimulates all the five senses. Additionally, being out in nature impacts the brain in a positive way, making you feel better about yourself.



(c) Watch the Sunrise: Watching the sunrise promotes a sense of wonder and gratitude while boosting mood and energy levels, fostering a positive outlook on the day ahead. Additionally, it provides an opportunity for mindfulness and reflection, encouraging inner peace and connection to nature.



(d) Cycling: Riding bicycle strengthens leg muscles and improves cardiovascular health while also providing an enjoyable outdoor activity.



Summer Escapades: Where Imagination Soars!

Priorities sharpening your mental acumen - Your MIND!

(a) Mindfulness Meditation: Engaging in mindfulness meditation exercises improves focus, attention and emotional regulation while reducing stress and anxiety, promoting mental clarity and overall well-being.



(b) Reading: Reading books or engaging in storytelling exercises enhances vocabulary, comprehension and critical thinking skills cultivating creativity and imagination.

Note: The booklist for reading has been sent via MS. Teams.

(c) Problem-Solving Challenges: Presenting kids with real-life problem-solving challenges or riddles encourages critical thinking, decision-making and perseverance.



(d) Creative Writing: Encouraging kids to write stories, poems, or journal entries stimulates imagination, creativity and self-expression, improving language skills and enhancing communication abilities.

(e) Immerse yourself in YOGA: Step onto the yoga mat and awaken your inner warrior! With each breath, you can cultivate strength, resilience and a peaceful mind. Along with this, it also empowers to navigate life's challenges with grace and ease.



AN ATTITUDE OF GRATITUDE!

Nurturing your inner self - Your SOUL

(a) Water Conservation: Water is essential for life. Here are a few measures to conserve water:

- i) Turn off the tap while brushing your teeth. Don't leave the water running when you're not using it.
- ii) Re-use the RO water for plants.
- iii) When washing your hands, turn the tap off while you lather.



(b) Planting Saplings: Engaging in gardening activities promotes environmental awareness, responsibility and a sense of connection to nature, nurturing the soul through appreciation of beauty, growth and sustainability.

(c) Writing Thank-You Letters : Expressing gratitude through handwritten notes fosters appreciation, positivity and strengthens social bonds with friends, family and caregivers.



(d) Cultivate manners: Respect your parents, grandparents and all elders. Remember the four magical words: Please, Thank you, Sorry & Excuse me. Make these a part of your personality.

AN ATTITUDE OF GRATITUDE!

Nurturing your inner self - Your SOUL

(e) Develop Familial Bonds: Visit your grandparents and spend time with them. Request your grandparents to narrate to you stories about their childhood and experiences. Play board games like Monopoly, Brainvita, Chinese Checker, Ludo, Carrom etc. with your grandparents, parents and siblings.



(f) House-Hold Activities: Doing household chores helps children learn about what they need to do to care for themselves, a home and a family. They learn skills they can use in their adult lives, like preparing meals, cleaning, organising and gardening.

(g) Community Service : It is one of the noble ways in which one gets to realise the true essence of empathy. Collect non-perishable food items, clothing, toys, or personal care items for the needy.



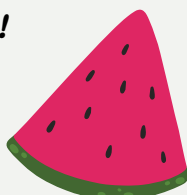
Embrace the limitless possibilities beyond these activities. Let your imagination soar, for, this holiday is your chance to grow and thrive in every facet of your being. Seize the spirit of summer by documenting your adventures in journals, photos and more and be ready to share with your schoolmates upon your return.

Wishing you an amazing summer filled with adventures and memories!



Summer

BREAK



CONCLUSION

As we close the academics session 2023-24, we express gratitude to the management, facilitators and non-teaching staff, parents and students . Your steady support and involvement helps our school community thrive. We appreciate your dedication to staying informed and engaged. Your participation in your child's education is invaluable, and we truly appreciate your commitment to their growth and success. We look forward to bringing you more exciting news and updates in the future. Thank you for being a part of our journey!

BACK TO School

We eagerly await welcoming back our students on the following dates:

Class	Date	Day
IX-X	May 22,2024	Wednesday
VI-VIII	June 3,2024	Monday
I-V	June 5,2024	Wednesday



Together, we make a difference in the lives of our students.
#TEAMNPSU

Best Wishes!
Dr. Reetu Thapa
Principal
NPSU